

## MDSI AGED CARE - SOCIAL SUPPORT GROUP UPDATE

16<sup>TH</sup> March 2017

*Submitted by Michelle Arenas, Social Support Program Assistant*

**06/03/2017:** Celebrating Seniors Week and International Women's Day with our Social Support groups.

The groups enjoyed the day with Brain Gym activities conducted by one of our qualified volunteers Wafaa.



**21/02/2017:** The Multicultural Carers Social Support group had their first meeting for 2017 at Campbelltown Art Gallery Café. The meeting was a great success and it was nice to see everyone catching up, sharing their holiday experiences and planning the year ahead with new projects and activities.

