

NEWS



FUN AND FRIENDS: Phil Potsbury, Jim Sutcliffe and Sam Shakouri enjoy their time at The Airs Bradbury Men's Shed. **Picture: Chris Lane.**

Mental health a top priority

WHAT'S ON

MEN who seek help, refuge or good, old-fashioned friendship are always welcome at the Airs Bradbury Men's Shed.

That's the message from manager and Macarthur Diversity Services Initiative representative Andrew McGlinchy.

Mr McGlinchy and the Men's Shed team will hold an open day on Friday, October 28 from 10.30am to 1.30pm for people who want to find out more about the organisation.

"Come down and find out

what we are all about," he said. "We will also unveil our new premises which will be used as the Airs Bradbury Centre for Men."

The new centre will provide men with access to services including counselling, ability linkers and legal aid.

Mr McGlinchy said the new centre would also focus on suicide prevention.

"This is the first time a Men's Shed has offered anything like this," he said.

"There is a lack of services around the Airs area so we are trying to fill that void. It's a new concept."

The open day will provide people with a chance to see the centre, enjoy live entertainment, a raffle and a free lunch.

Mr McGlinchy said the event would also showcase the range of activities and hobbies the Men's Shed has on offer for members.

"We have gardens, wood work, leather work and we also run computer classes," he said. "Some people come to do some work, others come for a cup of tea and a bit of cake."

Details: 4627 1188.

- KAYLA OSBORNE