

# e Update

## *Residential Care Services DVD for Cambodian Community*

The Community Partners Program Project of the Cambodian-Australian Welfare Council of NSW have produced a DVD for the Cambodian community about Commonwealth residential aged care services.

The DVD resource, which is produced in Khmer, aims to better inform the Cambodian community of the services and support available for older individuals, their carers and families.

The DVD will be distributed through Khmer SBS Radio, temples, GPs, day care groups and cultural events. For more information contact Virack Khoun on 8786 2581. (See profile right).

## *You Are Not Alone - Understanding Cancer DVD*

The Cancer Council NSW have launched a multilingual DVD resource to provide information and support to patients with pancreatic cancer and their carers and families.

Developed with NSW Pancreatic Cancer Network the DVD, containing 14 modules, features real life patients and medical experts, who cover topics including loneliness, symptoms, surgery, treatment, and palliative care.

The DVD is available in Arabic, Mandarin and Vietnamese and can be ordered free of charge through the Cancer Council Helpline on 131120.

## Quote:

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... more CPPs in our following issues

## Introducing the Community Partners Program Workers...

The CPP workers are an invaluable resource for aged care service providers caring for clients from CALD communities. If you would like more details on the Community Partners Program and its scope please contact us at TACS.



**Virack Khoun, CPP officer  
Cambodian/Khmer Communities  
Cambodian Australian Welfare  
Council of NSW Inc**

I came to Australia in July 2008 and have worked as a CPP Officer since November 2009. At first I could not find a job and missed the connection with friends and family. Due to my age learning a new language and adapting to a new culture has been challenging.

As a CPP I promote an understanding of aged care services; facilitating access by linking service providers and individuals and making sure information is distributed in the Khmer language. I also work to break down the barriers of Khmer cultural expectations that children have to look after their elderly family members. These attitudes are deeply rooted because they believe they will be rewarded in the afterlife.

However, older people may reach a stage where they are unsafe in their home, or have complex health conditions that the family cannot manage. It is necessary for the Khmer community to know there are aged care support services that are available when and if they do need them. If any aged care service providers need my assistance to better provide culturally appropriate care please don't hesitate to contact me via email at [ccpworker.cawc@cambodianwelfare.org.au](mailto:ccpworker.cawc@cambodianwelfare.org.au) or ph 8786 2581.

## **Sana Al-Ahmar, CPP officer Multiple Communities Macarthur Diversity Service Initiative**



For many years I have worked with migrants, refugees and humanitarian entrants of all ages as a Community Capacity and then as a Family Settlement worker. I have learnt so much about the communities and cultures, issues and barriers that people from CALD backgrounds face every day.

My role as a CPP worker is very challenging; Macarthur and Wingecarribee area is very large with smaller numbers of CALD community groups in Wingecarribee. CALD older persons and their families know little about the aged care services available for them. It has been very rewarding providing information to empower these communities to make informed decisions about their care.

Service providers might face difficulty in providing culturally appropriate services to the diverse cultures and languages of smaller communities. This is where the CPP program can help and support these services through providing information and cultural briefing.

For information on Arabic, Chinese Filipino, Indian, Mauritian, Pacific Islands, Spanish and Vietnamese communities please call me on 02 4620 6855